How to find us:

Guidance for Seniors, People in Need of Care and Next of Kin

Bus Stops
► Heger Tor: M2/11/152/18/ X610/10/20
► Rißmüllerplatz: 18/11/152/M2
► Theater: M5/M1

Parking
Altstadtgarage, Dominikanerkirche

Consultations can take place by appointment at your home or in our office.

Please arrange a consultation by calling: 0541 323-3000

Monday, Wednesday, Thursday: 9.00 bis 12.30
13.30 bis 17.00
Tuesdays: closed | Friday: 9.00 bis 13.00

thorough, independent, free of charge

Stadt Osnabrück
Fachbereich Integration, Soziales und Bürgerengagement
Fachdienst Bürgerengagement und Seniorenbüro
Senioren- und PflegeStützpunkt
Bierstraße 32a | 49074 Osnabrück
E-Mail: pflegestuetzpunkt@osnabrueck.de
www.osnabrueck.de/Senioren

Gefördert durch:
Niedersächsisches Ministerium für Soziales, Gesundheit und Gleichstellung

Herausgegeben von
Stadt Osnabrück
Der Oberbürgermeister
Postfach 44 60
49034 Osnabrück
We can support you

What we offer

Care advice on the following topics:

- Need for care/care requirements
- Application and preparation for the MDK-visit (Curative Commission for Health Insurance)
- Support with objection proceedings
- Organisation and improvement of home care
- Services of care and health insurance
- Offers of support for people in need of care
- Possibilities of support for next of kin carers
- Short term care, day care and moving in to different accommodation

Care advice and guidance for seniors:

Your points of contact:

Katja Vahrenkamp-Nowak
Telephone: 0541 323-3110
E-Mail: vahrenkamp-nowak@osnabrueck.de

Manuela Ruhland
Telephone: 0541 323-4494
E-Mail: ruhland@osnabrueck.de

We offer counsel in confidence and are committed to our pledge of privacy.

Advice for Seniors 60+:

- Growing older in Osnabrück
- Active leisure activities
- Voluntary work, e.g. assisting seniors or providing housing support
- Suitable living arrangements for seniors in their own home
- Different forms of accommodation for later on in life, e.g. “assisted housing”

Additionally we can provide:

- Voluntary housing advice, if required also privately at your home
- Voluntary senior advice, within and outside of your home